Preface: A Beginner’s Guide to Parapsychology

The following class has been designed specifically for the average person who wants to become familiar with the research and work of parapsychology. As such, it is not intended to provide the intricate scientific details that might be found in a high-level undergraduate college course. Rather, it is meant to introduce the research areas of parapsychology. For each research study mentioned here, 20 to 50 additional conflicting studies could also be mentioned. Likewise, in some areas, contentious debate among parapsychologists and between mainstream scientists and skeptics has occurred over research findings. I have made the best attempt to mention these debates and provide the “official” outcome whenever possible. When possible, results of meta-analyses are presented as evidence.

Although it is common in science to reference individual studies in a text, we chose to minimize this process for the sake of ease of reading. However, we want to assure the reader that all content from this course comes directly from scientific peer-reviewed journals, presentations, and articles that follow the process of the scientific method. Occasional specific studies are referenced and cited at the end of the course. The primary sources of the following material are:

1. Parapsychology by Caroline Watt (2016)
2. Introduction to Parapsychology by Harvey Irwin and Caroline Watt (2007)

This course assumes that the reader has little formal knowledge of either science, statistics, or psychology. Thus, we spend some time on the methods of science and hope you find the course enjoyable and educational. Please feel free to contact us with suggestions or questions.

Dr. Brian Laythe & Dr. Lucinda Woodward